



HEALTHCARE SECURITY SELF-ASSESSMENT

Healthcare Security Readiness Checklist

A practical self-assessment for hospitals, clinics, long-term care facilities, and private practices.

You don't need to be a security expert to know where you stand. This checklist walks through the areas that matter most — so you can see, in a few minutes, where you're solid and where it might be worth a closer look.

No pressure, no obligation — just clarity.

1 Physical Access & Entry Points

- ☐ All public entry points are monitored (staffed, camera-covered, or both) during operating hours
- ☐ After-hours entry points are locked, alarmed, or restricted to authorized staff only
- ☐ Visitor sign-in/sign-out process is consistently followed
- ☐ Staff, contractors, and visitors are visually distinguishable (badges, lanyards, etc.)
- ☐ Access to sensitive areas (medication storage, records, NICU/pediatric units, etc.) is restricted and logged

2 Surveillance & Access Control Systems

- ☐ Camera coverage includes all critical entry points and high-risk areas
- ☐ Camera footage is retained for a defined period consistent with policy/regulatory requirements
- ☐ Access control system (key cards, fobs, codes) is regularly audited for outdated or unused credentials
- ☐ Systems are tested and maintained on a regular schedule (not just installed and forgotten)

3 Staff Safety & Training

- ☐ Staff have received training on de-escalation and workplace violence prevention within the last 12 months
- ☐ There's a clear, known process for staff to report safety concerns
- ☐ Staff know what to do in the event of an active threat or lockdown situation
- ☐ Security/safety training is part of new employee onboarding, not a one-time event

4 Policy & Compliance

- ☐ Your organization has a written, up-to-date security policy (not just informal practice)
- ☐ Policies are reviewed at least annually or after any incident
- ☐ You've conducted a formal security risk assessment within the last 2 years
- ☐ You have a documented incident response plan
- ☐ You're confident your current security measures align with applicable healthcare regulations

5 Incident History & Preparedness

- ☐ You track and review security-related incidents (even minor ones) to identify patterns
- ☐ There's a designated person or team responsible for security oversight
- ☐ Your facility has conducted a tabletop exercise or drill for a security incident within the last year
- ☐ You have a plan in place for coordinating with local law enforcement if needed

What Your Results Mean

Mostly checked?

You're in solid shape — but even strong programs benefit from a periodic outside review to catch blind spots you can't see from the inside.

A mix of checked and unchecked?

This is completely normal — most healthcare organizations have some gaps, especially as regulations and risks evolve. A short conversation can help you prioritize what matters most.

Mostly unchecked?

You're not alone, and it's not too late to get ahead of it. This is exactly the kind of situation we help organizations work through — starting with a clear, judgment-free conversation.

Not sure what your results mean?

This checklist is a starting point, not a diagnosis. If you'd like a second set of eyes — no pressure, no sales pitch — book a free consultation and we'll help you understand what matters most for your specific situation.

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